



**2nd ANNUAL RESEARCH PAPER
PRESENTATION CONFERENCE**

POST-CONFERENCE REPORT

SATURDAY, FEB 25, 2023

ST. PAUL MEDIA COMPLEX, BANDRA, MUMBAI

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International Journal of Neurolinguistics & Gestalt Psychology

ACADEMIC PARTNER



RESEARCH PAPER PRESENTATION 2023

in numbers

100 participants

3 presenters

5 keynote speakers

9 hours

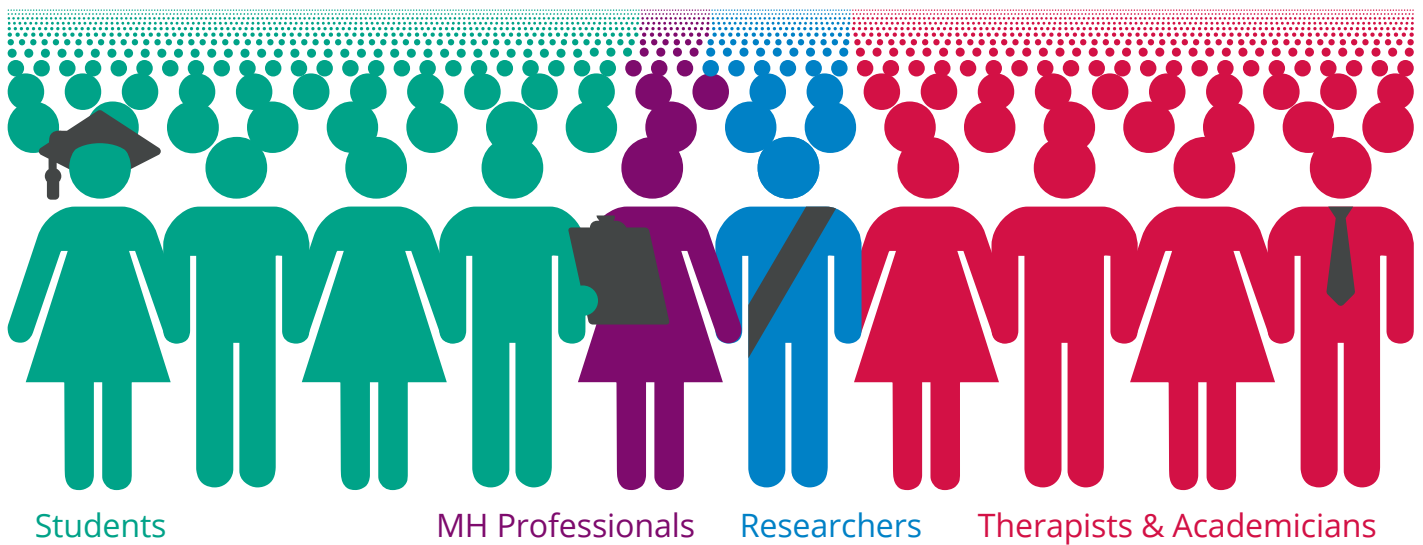
8 presentations

64 students

12 professionals

Total **100**

Number of participants and the sectors they represent



Participants Experience

What was your goal in attending this conference?

"To get information and learn more about psychology, also get to know people and their views"

"To be aware of nuances in the field."

"To learn something new"

"Wanted to know more about this conference"

"To have an out of the syllabus learning and understanding what are the recent research topics"

"To broaden my horizon in research methodology"

"Understanding how Psychology conferences take place."

"To learn different facets of psychology."

At A Glance



The International Journal of Neurolinguistics & Gestalt Psychology organized our 2nd Annual Research Paper Presentation Conference on the **25th of February**, 2023 at St. Paul's Institute of Communication Education in Bandra West, Mumbai, India.

The conference sparked excitement among research enthusiasts eager to expand their knowledge and delve deeper into the world of research, thanks to an impressive lineup of speakers.

The event commenced at 9:00 AM with an opening note and the traditional lighting of the lamp ceremony, setting the stage for a day filled with insightful and informative presentations. Attendees engaged in nurturing discussions throughout the day, culminating in Resolve, a live demonstration showcasing the power of one-session therapy and modern tools of psychology. This event proved to be awe-inspiring and added to the overall enriching experience of the conference.

"Research is formalized curiosity, it is poking and prying with a purpose."

- Zora Neale Hurston

Aarti Asrani

NLP & Gestalt Master Therapist



"Empowering audiences with valuable insights and inspiring messages"

Aarti Asrani is an NLP & Gestalt Master Therapist and Health & Wellness Consultant. She is also an Author and TED Speaker. She delivered a paper titled 'A Systematic Review Study and Focused Study: Dimensions of Touch and Role of Intentions in Healing'. Her exceptional commitment to the subject matter and innovative approach to the topic were highly motivating. We were delighted to have the opportunity to gain insights and learn from her expertise.

Kremika Shobhawat

MA Clinical Psychology Student

We extend our appreciation to Kremika Shobhawat for delivering a captivating presentation on 'Hologram - An Enquiry on Neurocleanliness' authored by Anil Thomas, a Master NLP Practitioner and Gestalt Therapist. Their pioneering research and discoveries offered significant revelations into this captivating subject, and their enthusiasm for the field was evident throughout the presentation. We are thankful for their contributions to the neuroscience field and are eager to witness the effects of their work.



Rekha R Upadhyay

ICF-PCC Certified Executive Coach



We were pleased to have Rekha R Upadhyay as a presenter at our conference focused on "A Survey Research, on Relationship Between Job Role and Identity Change" She is an ICF-PCC certified Executive Coach, Gestalt Master Practitioner, Systemic Family Constellations, and HR Professional with more than 17 years of industry experience. As a coach, her passion lies in working with people across life ages to facilitate life transformation. Her dynamic presentation demonstrated an unwavering enthusiasm for the subject matter. We take pride in supporting researchers such as Rekha who are pushing the boundaries of knowledge.

The Essence

Relevant Topics & Issues in Research Presented by the Speakers

"Research is seeing what everybody else has seen and thinking what nobody else has thought."

- Albert Szent-Györgyi

Undoubtedly, the conference was a speakers and presenters conclave- It brought together renowned subject matter experts across scientific disciplines to share insights on Research.

The keynote presentations by speakers put forward topics & issues relevant to the field today. **Dr Anuradha Sovani** presented an intriguing topic titled - "Where there is no research funding". Presentation by **Dr Sasikumar Menon** guided on "How to Make Research Innovative and Translational." The Research Paper Presentation by **Kremika Shobhawat** explored the topic "Hologram: An Enquiry into Neurocleanliness - A Mixed Method Study". **Aarti Asrani's** Paper Presentation shed light on "Systematic Review Study and Focused Study: Dimensions of Touch and Role of Intentions in Healing." **Samindara Sawant** gave an influential presentation on "Why we should have more people getting into Psychological Research". The Paper Presentation by **Rekha R Upadhyay** was titled "Relationship Between Job Role and Identity Change". **Dr Sybil Thomas** guided the young researchers by discussing the "Problems faced by students while writing research papers". The presentation by **Dr Anju Rani** emphasized the "Importance of Research in Formal Education and Statistics".



Dr. Anuradha Sovani

It was a privilege to have Dr. Anuradha Sovani deliver an exceptional keynote on designing research projects around low-resource settings in the community.

She is a Former Professor and Head Department of Psychology, and Former Dean Faculty of Humanities, at SNTD Women's University. She is also the Trustee and Consultant of, the Institute for Psychological Health.

Her presentation was a powerful reminder of the importance of research in all settings, and how it can be designed and executed even with limited funding.

Dr. Sasikumar Menon

Big thanks to Dr. Sasikumar Menon for delivering an insightful keynote on "How to Make Research Innovative and Translational."

He is the Director of Institute of Advance Research in Interdisciplinary Sciences. He is a Recognised Research Guide at the University of Mumbai. And has guided 23 students for PhD and 02 for MSc

His thought-provoking insights and strategies have undoubtedly sparked new ideas among the audience and provided valuable guidance on how to push the boundaries of research. We appreciate the dedication to advancing the field. It was a pleasure to have him share his knowledge with our audience.

Samindara Sawant

Samindara Sawant's compelling keynote on the significance of psychological research and the necessity of having more experts in the field was a great privilege for us.

She is a chartered clinical psychologist and a member of the Earth Association of Regression Therapists. She is a specialist in psychodiagnostic and clinical assessments and worked with a variety of populations.

The audience was left feeling inspired and motivated to make a difference due to her captivating presentation, which highlighted her proficiency and dedication towards the subject. We appreciate her for shedding light on this critical topic!



"Research is something that everyone can do, and everyone ought to do. It is simply collecting information and thinking systematically about it." - Raewyn Connell

Dr. Anju Rani

Dr Anju Rani, a Professor and Head of the Department for the International Baccalaureate Diploma Program, graced our conference as the keynote speaker, where she shared her latest perspectives on the significance of research in formal education and statistics.

Her presentation titled "Importance of Research In Formal Education and Statistics" highlighted the value of analyzing and assessing data, and the role of inquiry in expanding one's outlook. Her devotion to the field and determination to advance knowledge is truly commendable.

Sybil Thomas

Dr Sybil Thomas is an accomplished philosopher and academic council member who has extensive experience in academia. She delivered a keynote speech on the common challenges faced by students when writing research papers, which was titled "Problems faced by Students while writing Research Papers."

Dr Thomas provided invaluable insights and shared practical solutions that left the audience feeling motivated and equipped to excel. Furthermore, her dedication to education and research is evident through her accomplishments, and her contributions to the field are highly appreciated.



Importance of Research Funding

Designing research projects around low resource settings in the community was an important topic discussed in the conference. WHO has acknowledged it through their directive to mobilize resources in low resource settings. According to Dr. Murthy, "Mental health is everyone's business."

We read of research studies carried out in sumptuously funded research environments and bemoan the fact that our own research is "self-funded." The skill lies in converting existing data cohorts to parsimonious and elegant research designs. Experimental research was discussed in great depth. In educational settings, the emphasis is said to be on universities, colleges & schools. The outreach is infinitely scalable.

Psychological Research

Scientific research is an essential tool for successfully navigating our complex world. Without it, we would be forced to rely solely on intuition, other people's authority, and blind luck. Psychological Research, or any research for that matter, is indispensable when it comes to the advancement of the field. Psychology is a developing science, and we should have as many people

possible to get into psychological research to build and develop the science for a flourishing future. There are still many gaps in our knowledge about psychology, and we should strive to put in effort and workforce into research to overcome them and gain a better understanding of the field.

The steps we can take today is to spread awareness and influence more people to take up psychological research.

Students' Problems

Currently, research is more open and easily accessible but also gaining public mistrust, associated with disaffection towards science and correlated to an equal lack of trust towards the government.

The need of the hour is to restructure the relationship between research and the rest of the society. Methodology of understanding the world is at the heart of the teaching. This methodology was referred to as research.

The key dimensions to make research responsible were discussed. These were: Anticipation, Inclusion, Responsiveness and Reflectivity.

It was suggested that most ethical issues revolve around relationships between researchers and participants. Spaces in the domain of research ethics include ethics regulation, the ethics of anonymisation and the ethics of discussion. The institution also has some responsibility in research ethics.

The role of educational developers was discussed in detail.

In conclusion, it was established how learning is not about what knowledge we have acquired but the process of 'becoming' as practitioners.

Research in Education

Research is indeed crucial in formal education. It provides a means to validate scientific facts and theories, which in turn supports evidence-based learning. Without research, it would be difficult to establish the validity and reliability of scientific findings. Moreover, research in education encourages students to pursue pure sciences by instilling scientific inquiry into their thinking.

It also helps develop students' critical thinking skills, enabling them to think beyond what is taught in the classroom and apply it to real-world scenarios. In addition, research aligns education with real-world findings and adds value to learners' lives. It equips students with practical knowledge, which can help them in their future endeavours. It also provides a path to progress and prosperity by promoting innovation and discovery.

Research helps students maintain a balance between individual and collaborative work, fostering teamwork and effective communication. It allows students to explore their interests and learn exhaustively about the world. By doing so, it not only contributes to their academic growth but also prepares them for their future careers.





Felicitation

The conference successfully fostered a culture of research among its audience, inspiring budding research enthusiasts to explore diverse areas of their field

Innovation and divergent thinking were emphasized as fundamental components of research, which will undoubtedly prove beneficial for future research endeavours.

During the conference, three outstanding research papers were presented, each on intriguing topics that demonstrated that highlighted the boundless potential of research and the importance of exploring diverse areas of the field. The ultimate goal of every researcher is to make their unique contributions to the field through conducting research and writing papers.

Writing research papers can be an intimidating task for many students. The unfamiliarity and inexperience with this genre of writing often lead to unnecessary anxiety. However, at IJNGP, we strive to make research a part of our daily lives by promoting and encouraging research papers. The speakers' presentation of their research papers at the conference proved to be a nurturing experience for attendees.



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What the Conference Aimed to Impart

Speakers Conclave
Brings together renowned subject matter experts in Research to share insights & wisdom that are focused on fostering learning & transformation.

Connection and Collaboration

Provide a platform for students, established and budding researchers, linguists and academicians from around the city to come together to learn, participate, interact, and share resources and updates.

Exhibitors

Provide a space to connect and network for support and associations to increase brand exposure and be explored through booths and stands.



Emerging Talents: Foster Research

Young Researchers
Encourages students across various educational institutes to showcase their research skills and present them in creative content expression as per the latest APA formats.

Research Mentorship

Provides unique opportunities for qualified postgraduate students to immerse themselves in research courses and dive deep into discovering new knowledge through academic-level research and research tools.



The Conference Experience

The conference provided a remarkable opportunity to awaken the research potential within every participant. It served as an inspiration to contribute to the field by adding their curiosity and scientific inquiry to it.

In addition, all authors were presented with a Certificate of Completion and Participation. This official document issued by IJNGP recognizes that the author has published a research paper and presented it at the Conference of Research Paper Presentation 2023.

This certification can serve as evidence of their professional development and expertise in the subject matter. Additionally, the speakers were recognized and celebrated for their valuable contributions to the field.





“ Feedback ”

What was insightful for the attendees?

Everything was great! I loved that all the speakers had something interesting to speak about and everything was new to me so I did learn a lot! Thank you so much ☺

The diversity of research presented

Interactive discussion

The diversification of topics

Knowledge being imparted by people which was pretty useful for me.

The paper presentations. Loved how different and vast the topics were.

The demonstration of Empty/Two Chair technique

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CONFERENCE COLLABORATIVE **PAPERS**

ACCREDITATION **PERSONALISED** TOOLS

COMPETENCIES PSYCHOLOGY **ADAPTIVE**

DEVELOPMENT SKILLS **ENGAGEMENT**

AUTHOR **QUALITY** CONTENT **RESEARCH**

PLATFORM QUANTITATIVE

PEER LEARNING LAB

LIFE-WIDE QUALITY

SOCIETY **SKILLS** BLENDED

SCIENCE LIFE-LONG

GLOBAL ASSESSMENT

EDUCATION **SPECIALISE**

ANALYSE **INQUIRY**

IMMERSIVE **CURIOSITY**

DIGITAL LITERACY

CHANGE **PERSPECTIVE**
ACADEMIC PARTNER

APPLIED RESEARCH THEORY



**WE LOOK
FORWARD TO THE
NEXT RESEARCH
PRESENTATION!**

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